

STUDIO

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**Opening Hours** Mon 10.30 am to 7.30 pm Tues to Fri 9.30 am to 7.30 pm Saturday 9.30 am to 3.30 pm

# NAIL AND BEAUTY TREATMENT LIST

FACIALS

#### The Nail and Beauty Studio

#### The Nail and Beauty Studio –

Introduction to skincare facial Short of time but want to bring back an irresistibly healthy complexiton? This is the perfect recue remedy. Using a selection a Guinot Skincare products to revitilise tired skin leaving it fresh and radiant.

#### Treatment time – 45 mins

#### The Nail and Beauty Classic – All Skin Types

An excellent treatment to welcome new clients to the world of facial skincare or as a maintenance facial. Begin the road to relaxation with a back-diagnostic massage followed by a feast for your skin. Your therapist will select the correct products to suit your skin type, leaving the skin replenished and radiant. **Treatment time – 1 hour** 

£50.50

£40.00



#### NB7 Signature facial – All skin types;

The NB7 signature facial is a bespoke treatment that is specifically tailored to meet your skincare needs and skin concerns. Allow us to use our expertise to advise and perform the treatment that your skins needs. This luxury treatment consists on 7 customisable steps to achieve not only results, but allowing time to destress and relax in one of our candle lit cosy rooms. Treatment time – 1 hour 15 mins £87.50

# GUINOT

#### Hydradermie 2

FACIALS

Visible results from your very first treatment. Adapted to your skin type and concerns, this unique innovation enables fast and deep penetration using double ionisation technology combined with active ingredients, for exceptional results. Treatment time – 1 hour £68.50

#### Hydradermie Youth 'The Star of Beauty Treatments'

Achieve immediate results with Guinots signature treatment created as the alternative to aesthetic medicine. Using dynamic ionisation and thermal energy, this unique, age defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns, allowing you to achieve, exceptional, visible and clinically proven results after just one treatment. Treatment time – 1 hour £77.50

#### Hydradermie Lift – The 'Instant Lifting' Treatment

We can't reverse time, but we can reduce the effects of time on your skin. This effective lifting treatment stimulates the facial muscles using a low frequency micro current to produce a toning action and invigorate the muscle fibres in the skin for smoother, firmer and more youthful appearance to the complexion. **Treatment time – 1 hour** 

#### **Recommended course of 4**

Hydradermie Lift Deluxe The 'Ultimate Lifting' Treatment

A combination of the Hydradermie Youth and the Hydradermie Lift for the ultimate lifting effect. Experience immediate contouring results thanks to facial muscle stimulation, firming active ingredients and age defying techniques. Treatment time – 1hour 30 mins

#### **Hydra Peeling**

Hydra peeling is a unique alternative to aesthetic medicine that erases visible signs of aging, brightens skin tone and diminishes dark spots. Visible results after 1 session. This treatment can be prescribed based on skins sensitivity levels. Treatment time – 45 mins

#### **Recommended course of 3**

#### Hydra- summum – 'The ultimate hydrating treatment'

The ultimate hydrating facial highly concentrated in hyaluronic acid to help hydrate and diminishing fine lines and wrinkles. A two part massage, the first part helps to decongest the skin while the second part has energetic movements to restore density and radiance to the skin. Concluding with a gel mask to soothe and saturate the skin with moisture, the skin is left looking plumped, smooth and intensively moisturised. Treatment time – 45 mins

#### Eye Lift

The unique treatment reduces signs of ageing and fatigue in the eye contour area. Using a combination of massage techniques and micro currents, this treatment works to visibly lift, tone, aid drainage and boost microcirculation, leaving eyes looking more radiant and youthful.

#### **Treatment time – 40 mins**

Hydra Clean 'The Perfect introduction to Skincare'

£65.00

£36.00

£86.00 £309.00

#### £136.50

£74.00 £199.80

# £80.75

AQUAPURE

This quick fix facial is designed to deeply cleanse the skin. Following a deep cleanse, a personalised massage is performed leaving the skin instantly brighter and clearer, with a radiant complexion. Treatment time – 30 minutes £34.50

FACIALS

Aqua express

Suitable for those wanting a quick fix, great for skins suffering from breakouts or acne or those that just want an instant glow. The 30-minute treatment, including a facial cleanse, skin analysis, the use of 3 serum formulations to give the skin a deep cleanse, resurface and finally, nourishing and hydrating the lovely new skin cells. **Treatment time 30 minutes** £42.50

#### Aquapure

4 in 1 hydra-dermabrasion treatment for clearer, brighter, hydrated skin. This facial boosts collagen and elastin to promote healthy skin. Peels away impurities and dead skin leaving the skin lifted, tightened and glowing. Your therapist will adapt the treatment to suit your skin type.

#### Aquapure Deluxe

**Treatment time – 1 hour** 

Everything that the Aquapure facial includes just with and added touch of luxury. A mask is applied, whilst we melt away any stress or tension in the muscles around the back neck and shoulders. £79.00

## Treatment time – 1 hour 15 mins

DERMAPLANING

Dermaplaning is a manual exfoliation treatment which effectively removes dead skin cells from the top layer of skin along with fine, vellus hair from the face. Dermaplaning can increase cell turnover, and help to increase the absorption of products leaving the skin brighter and smoother.

Treatment time – 40 minutes

#### Dermadeluxe

A facial that incorporates dermaplaning and into our signature Guinot facial, giving the dermaplaning treatment that "luxury" feel. Includes facial massage and brightening mask to enhance the results of dermaplaning. **Treatment time – 1 hour** £67.00

Dermaplaning can be incorporated with any of our facials that we offer to boost the results. So why not boost your monthly facial with the add on of dermaplaning. Add £24 to the price of your normal monthly facial.

# **FACIAL COURSES**

#### All courses to be paid in full on first appointment.

Complete Lifting

1 treatment a week for 3 weeks

Week 1 – Age Summum Week 2 – Hydradermie lift Week 3 – Eye Lift

The ultimate facial course for those wanting to firm and lift the facial contours. By stimulating the facial muscles and applying active ingredients collagen xvii and

biopeptides, skin regains its tone and surface wrinkles are faded to reveal 'sculpted', lifted and more youthful skin.

£226.00 Worth £252.00 Acne/Congested Skin – Brighter, clearer skin in 8 weeks

1 treatment every 2 weeks for 8 weeks Treatment 1 – Aquapure express

Treatment 2 – Aquapure

#### **General Maintenance/Introduction to Facial Treatments**

1 treatment a month for 3 months

Month 1 – Hydra clean Month 2 – Hydradermie youth Month 3 – Hydra summum

## ILLUMIFACIAL

Dur Illumi-facial treatment includes, a tri-fruit acid peel, which rejuvenates the skin by removing the build-up of dead skin cells, which is what causes the skin to appear dull. The IPL (Laser) machine then evens out pigmentation and enhances collagen production helping to reverse signs of ageing, whilst illuminating the skin. A patch test and consultation is essential prior to treatment.

Recommend course of 4 treatments Maintenance treatment following course £407.00

# SKINPEN PRECISION MICRONEEDLING

SkinPen is the worlds leading microneedling device, that creates temporary small microscopic channels in your skin. The simple procedure activates your body's natural skin healing power to increase collagen and elastin so your skin returns to a healthier looking youthful appearance. SkinPen is all natural with no heat, no chemicals or invasive injections, safe and effective, for all skin types, all year round with very little downtime. SkinPen can treat, fine lines and wrinkles, reduces appearance of acne and surgical scaring, stretch marks, sun or age spots and melasma.

Cost per treatment (includes topical numbing cream) Course of 3 treatments

MAKE UP

### Special occasion Make-up

Complete your special occasion by having your makeup professionally done. Allow us to get your makeup looking perfect. All to be completed within the salon.

**Bridal makeup** 

Wedding day makeup completed in the comfort of your own home/venue, following a trial application in the salon prior to your big day.

Bridal packages can be arranged with discounts. Please do not hesitate to contact us. Individual prices on application.

# **BODY TREATMENTS**

**Aromatic Body Massage** 

This massage melts away muscular and nervous tension. Aromatherapy blended oils are used to ensure complete relaxation and leave the skin feeling nourished. Treatment time – 1 hour £67.00

£71.50

£34.50

£26.80

£18.50

£31.00

£170.00

£475.00

£42.00

£135.70 per treatment

£193.50 Worth £215.00

£166.50 Worth £185.00

£122.00 per treatment

#### Scalp, Neck and Shoulder massage

Ease tension instantly with this deeply soothing head massage using a blend of essential oils to ease away tension in the shoulders neck and scalp. Treatment time – 30 minutes £30.00

Aroma Back Massage The ultimate relaxation to ease muscle tension and stress build up in the back. neck and shoulders.

Treatment time – 30 minutes

#### **Hot Stone Therapy**

A luxury massage using hot stones made from basalt rock, which retain heat. The heat relaxes muscles allowing the therapist to work deeper and ease tense muscles Full Body – treatment time – 1 hour £69.50 Back – treatment time – 30 mins £38.00

# SELF-TANNING TREATMENTS

### ST.TROPEZ

Have the St Tropez air brushed onto your skin to give a fabulous natural looking tan. Full body tan £28.30 £17.50 Half body tan

EYE TREATMENTS	
Eyebrow shape	£9.30
Eyebrow tint	£9.80
Eyebrow shape and tint	£18.20
Eyelash tint	£12.90

# LASHES

The LVL lash lift is the revolutionary lash phenomenon that reveals your natural lashes in all their glory. Results last up to 8 weeks. No mascara, no extensions, no maintenance. The perfect way to enhance what you already have. Treatment time – 1 hour £55.00

# HIGH DEFINITION BEAUTY

A bespoke eyebrow treatment that is totally tailored to you. So much more than a standard eyebrow tint and shape.

HD	Brow	Maintenance

A patch test is required on all the above treatments at least 24 hours before the initial treatment.

DEPILATORY WAXING

Warm depilatory wax is used to remove hair. Lycon wax is available on request. Unner I in

Upper Lip	£8.75
Chin	£9.30
Lip and chin	£15.50
Arms	£15.50
Underarms	£11.85
Half leg	£17.50
Full leg	£24.70
Full leg and bikini line	£31.00
Bikini Line	£12.40
Brazilian bikini line	£25.50
Hollywood using hot wax	£31.00
Chest or back wax	£23.50

HAND AND FOOT CARE

Upgrade your nail lacquer finish to a gel polish finish add £12.00 to any treatment

#### **Pedicure**

Heaven for your feet. Soak, hard skin removed, cuticle and nail tidy, foot and lower leg exfoliation, followed by foot and lower leg massage. Finish with an OPi polish of choice.

Treatment time 1 hr

#### Mini Pedicure

Soak, hard skin removed, cuticle and nail tidy, foot massage. (Does not include polish) Treatment time 45 min £23.20

#### Cuinet East Deal Dedicurs

Guinot Foot Peel Pedicure	
A foot peeling treatment is designed with dry tired feet in mind. A peeling gel is applied, which loosens dead skin cells and eliminates rough patches. A foot an leg massage using Guinot's Longue Vie Pieds leaves feet nourished and feeling polish of choice is also applied.	nd lower
Treatment time 1 hr 15 minutes	£46.35
Manicure	
Treatment for your hard-working hands. Nails are shaped, cuticles are tidied, for by a relaxing hand	llowed
	£24.20
Mini Manicure Express treatment for your nails. Cuticles tidied, nails shaped and a nail treatment	
applied. (Does not include a polish)	£19.00
Luxury Manicure	
Everything that the regular manicure includes plus a nourishing hand mask, alou thermal mittens	ng with
to leave the hands soft and more youthful.	£38.60
File and polish on fingers or toes	£16.00
Orly Gel FX Or Glossify Gel Polish A nail colour that dries instantly and lasts up to 2 weeks, chip free on your finge toes.	ers or

#### Gel Colour/french

Gel on toes

Gel polish removal and reapplied Removal, nail tidy and strengthener applied £27.30 £31.00 £15.50

£26.30

	220.00
Bio Sculpture Gel	
A vegan, cruelty free, high-quality gel that lasts up to 3 weeks with a high glos. Bespoke treatments help the natural nail stay healthy and encourage nail grow	
Colour/French overlay	£36.60
Bio Sculpture on toes	£29.30
Bio soak off and reapplied	£38.60
Nail Enhancements	
Builder gel applied to enhance the length and shape of the natural nail.	
Builder gel enhancement, Gelfx or Glossify colour	£49.00
Infill (one infill recommended every 3 weeks	£31.00
Builder gel on natural nail to strengthen,	
Gelfx or Glossify colour	£36.60
1 nail repair using builder gel	£4.65
Removal of any nail enhancement, nail tidy and strengthener applied	£20.00
(We do not except removal of nail enhancements that have not been applied ourselves including acrylic nails)	l by

### SPECIAL PACKAGES

SPECIAL FACKAGES	
Relax and Destress Ease stress and tension with the ultimate relaxation • Nail and Beauty Classic facial • Manicure and Pedicure Treatment time approx. 3 hours	£91.00
<ul> <li>Essential Pre Holiday/Party Package</li> <li>Treat yourself to the ultimate pre-holiday/party package</li> <li>St Tropez full body spray tan</li> <li>Eyebrow and eyelash tint</li> <li>Gel manicure</li> <li>Treatment time – 1 hour 30 mins</li> </ul>	£73.00
Exciting Eyes • HD Brows • LVL Lashes Treatment time – 1 hour 30 mins	£70.50

Other packages and offers are created from time to time and are displayed within the Salon and on our website. Join our mailing list to keep "in the know" about any future offers.

We stock a complete range of Guinot, Heliocare, Advanced Nutrition Supplements, OPI, Navy nail care, St Tropez, Nouveau Lash and Brow Care, and HD Brow care.



LYNTON EXCELLIGHT

Excellight IPL offers permanent hair reduction and a wide range of skin rejuvenation treatments. The Excellight is widely regarded by many dermatologists as the most clinically effective IPL.

A patch test and consultation must be completed prior to any treatment using IPL. £35.00

#### Hair Reduction

Upper lip or chin	£50.00
Jawline, chin and upper lip	£70.00
Neck	£70.00
Underarm	£70.00
Standard bikini line	£70.00
Brazillian bikini line	£85.00
Hollywood bikini line	£95.00
Full leg	£150.00
Full Back	£95.00

#### **Skin Rejuvenation**

Using the IPL light technology, we can treat many skin concerns such as,

pigmentation or age spots, thread veins, acne, and overall skin rejuvenation.

Illumifacial	£135.70
Single lesion Facial Veins or pigmentation	£65.00
Half face treatment	£80.00

For more information please ask your therapist, packages can be made available to fit your specific needs.